

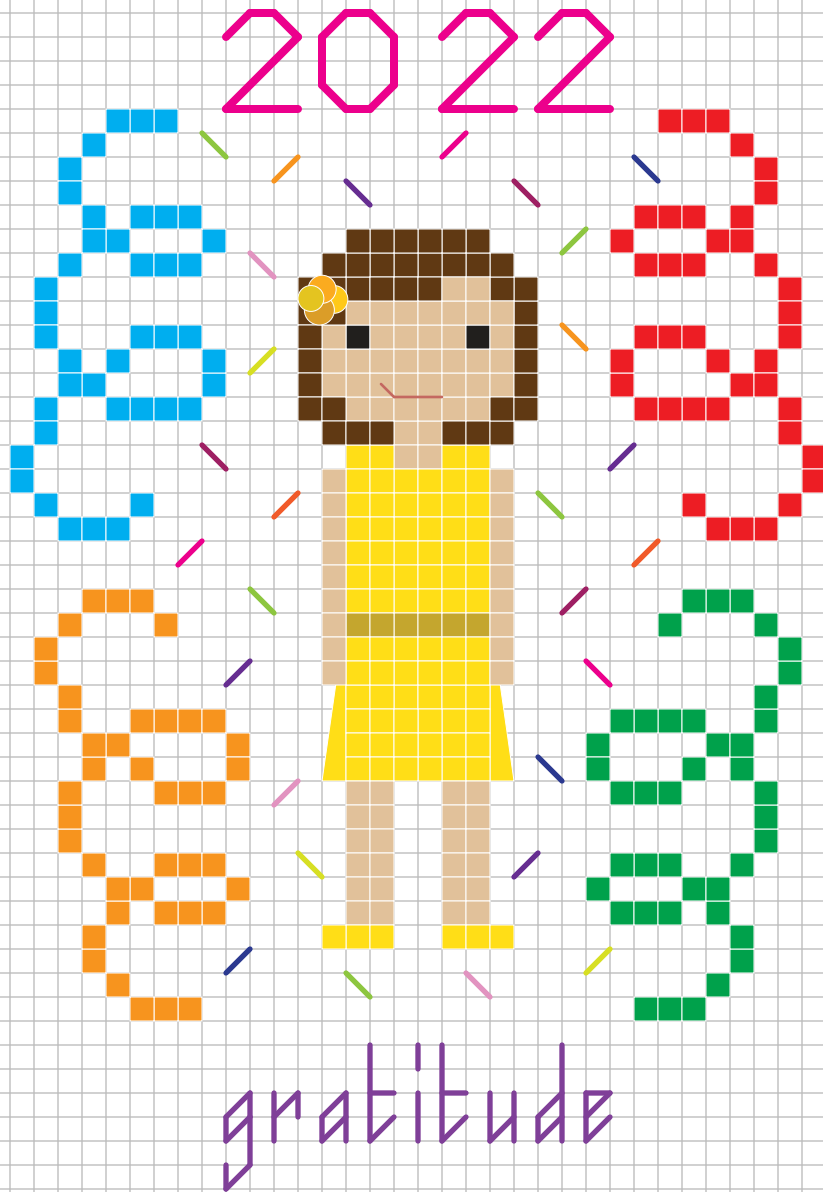
# STITCH PEOPLE®

## NEW YEAR SELF PORTRAIT & WORD OF INSPIRATION



Patterns for:  
*An inspirational self  
portrait for a new year*





New year, new you!  
Or keep the old you  
if you're already  
amazing (we here at  
Stitch People know for  
a fact that you are!).

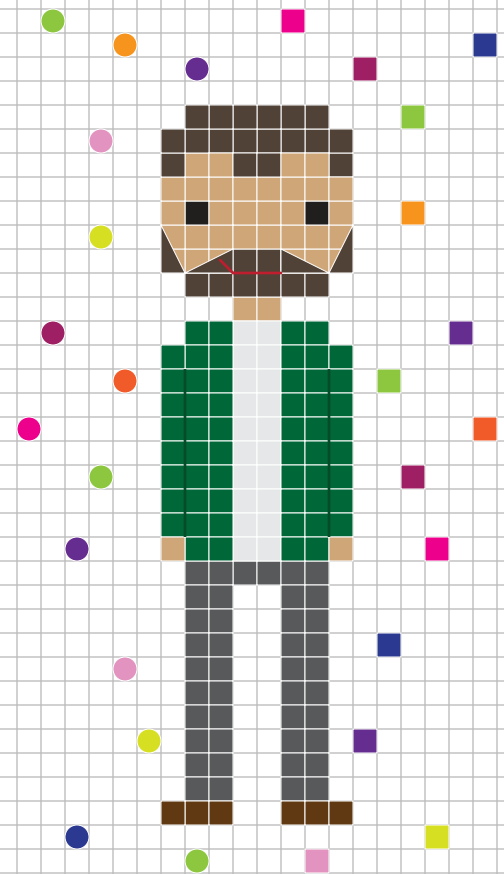
However you  
approach end-of-year  
celebrations, why not  
design a little Stitch  
You for the new year!

Place yourself in the  
middle of this bright  
and colorful pattern  
and add a mantra  
for the coming year  
at the bottom.

You can use single diagonal backstitching for  
the confetti, or try full stitches or  
French knots for a fuller effect. Go real crazy  
and try a mix of all three!

Perhaps it could become a new tradition that,  
at the start of each year, you stitch a small  
version of yourself or your loved ones with a  
wish for the coming year underneath.

Over time, your yearly Stitch People mementos  
will let you see how each of you change and  
grow to become more and more awesome.



A B C D E F G H I J K L

M N O P Q R S T U V W

X Y Z , . ! ? &

0 1 2 3 4 5 6 7 8 9

abcdefghijklmnop

qrstuvwxyz

abcdefghijklmnopqrstuvwxyz

gratitude

say yes

patience

strength

fierce

dream bigger

more cake

Use these alphabets to finish off your own personalised pattern with a mantra for the coming year! We've added some ideas here to help spark your imagination.

What do you want to achieve in the next 12 months? Is there a new year's resolution you'd like to remind yourself of throughout the year? Add it to your stitch and place it somewhere where you will see it every day!